

- Patient First Name\* \_\_\_\_\_
- Patient Middle Name \_\_\_\_\_
- Patient Last Name\* \_\_\_\_\_
- Gender\* \_\_\_\_\_
- Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_
- Marital Status: ---Please select ONE option---
- [ ] Married
- [ ] Divorced
- [ ] Single
- [ ] Widowed
- Phone (Cell Preferred)\* (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_
- Email Address \_\_\_\_\_

Write the number that you agree with

[1 = Never] [2 = Rarely] [3 = Sometimes] [4 = Usually] [5 = Always]

- 1) I am under high levels of Stress.\* \_\_\_\_\_
- 2) I feel Overwhelmed by my current Life circumstances.\* \_\_\_\_\_
- 3) I find myself feeling discouraged and pessimistic about my future.\* \_\_\_\_\_
- 4) I find myself depressed and or saddened by my current life circumstances.\*  
\_\_\_\_\_
- 5) I feel beat down and burnt out in my current life circumstances.\* \_\_\_\_\_
- 6) I feel unhappy in my current life circumstances.\* \_\_\_\_\_
- 7) I find myself worrying about my future, my finances, or my family.\* \_\_\_\_\_
- 8) I feel frustrated and uneasy in my current life circumstances.\* \_\_\_\_\_
- 9) I feel burdened by my current life circumstances.\* \_\_\_\_\_
- 10) I find myself tense and up tight in my current life circumstances.\* \_\_\_\_\_
- 11) My stress level is interfering with my work.\* \_\_\_\_\_
- 12) My stress level is interfering with my sleep.\* \_\_\_\_\_
- 13) My stress level is interfering with my ability to focus and concentrate on what I have to do.\* \_\_\_\_\_

- 14) I turn to Alcohol, Food or drugs to comfort me in my current life circumstances.\*  
\_\_\_\_\_
- 15) I am finding that Anxiety and restlessness are disrupting my everyday Lifestyle.\*  
\_\_\_\_\_
- 16) I find myself irritable and often impatient in my current life circumstances.\*  
\_\_\_\_\_
- 17) Do you find yourself lonely in your current life situation?\* \_\_\_\_\_
- 18) Do you wish you had more and deeper emotional support systems?\* \_\_\_\_\_
- 19) Does your stress level interfere with your communication with your loved ones, friends, or coworkers?\* \_\_\_\_\_
- 20) I am subject to outbursts, Mood swings, or periods of negativity in my current life circumstances\* \_\_\_\_\_
- 21) Which Life events have caused you significant stress this year?\* \_\_\_\_\_
- 22a) In the past few weeks, have you wished you were dead or have you felt that you or your family would be better off if you were dead? [No] [Yes]
- 22b) In the past week, have you been having thoughts about killing yourself? [No] [Yes]
- 22c) Have you ever tried to kill yourself? [No] [Yes]
- Please Explain Life Events in Detail  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- How many Pets?\* ---Please select ONE option---
- [One]
- [Two (+\$30.00)]
- [Three (+\$60.00)]
- Please Enter Pet(s) Details:
- Pet #1 Type: \_\_\_\_\_

- Pet #1 Breed: \_\_\_\_\_
- Pet #1 Name: \_\_\_\_\_
- Pet #1 Weight: \_\_\_\_\_
  
- Pet #2 Type: \_\_\_\_\_
- Pet #2 Breed: \_\_\_\_\_
- Pet #2 Name: \_\_\_\_\_
- Pet #2 Weight: \_\_\_\_\_
  
- Pet #3 Type: \_\_\_\_\_
- Pet #3 Breed: \_\_\_\_\_
- Pet #3 Name: \_\_\_\_\_
- Pet #3 Weight: \_\_\_\_\_
- Hard Copy of ESA Letter to be Mailed via USPS?\* ---Please select ONE option---

No

ESA Letter Only USPS Standard (+\$10.00)

ESA Letter Only USPS PRIORITY w/Tracking (+\$20.00)

ID Card & ESA Letter USPS Standard (+\$30.00)

ID Card & ESA Letter PRIORITY w/Tracking (+\$40.00)

\*\*\*If you order the ID card, then please email the photo(s) of your animal(s) to [support@emotionalpetsupport.com](mailto:support@emotionalpetsupport.com) along with the patient's full name.

Note: We will email you an ESA PDF letter regardless of what option is selected. The hardcopy ESA letter is printed on special parchment 24 lb. weighted paper and should be purchased when traveling overseas.

- Additional Airlines Forms? ---Select any of these options---
- American Airlines Special Form (+\$20.00)
- United Airlines Special Form (+\$20.00)
- Hawaiian Airlines ESA Letter (+\$10.00)
  
- Additional Housing Form? ---Check if YES---
- Reasonable Accommodation Form (+\$20.00)

- Living in a College/University/Dormitory/Campus? ---Check if YES---

Yes (+\$50.00)

- Rush Option?\* ---Please select ONE option---

No: 48-72 hours to review & receive emailed letter

Yes: 6 to 12 hours to review & receive emailed letter (+\$35.00)

- Pick Your Plan\* ---Please select ONE option---

Apartment Housing & Air Travel ESA Letters (\$149.00)

Apartment Housing ESA Letter (\$99.00)

Air Travel ESA Letter (\$99.00)

- Billing Address\*

Address \_\_\_\_\_

Address Line 2 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code (Postal Code) \_\_\_\_\_

- Shipping Address ---If Different From Billing Address!---

Address \_\_\_\_\_

Address Line 2 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code (Postal Code) \_\_\_\_\_

Patient Consent To The Use Of Telepsychology:\*

I agree with the statement

Found Here: <https://www.emotionalpetsupport.com/consent-form/>

Signature: X \_\_\_\_\_